

10 reasons to take an ISTA course

1. ISTA allows you to manage risk rather than rely on equipment, thereby increasing enjoyment, safety and freedom in the mountains.
2. Avalanches are not a fatality. Practitioners change, habits change – risks don't. ISTA is the new essential approach to managing them.
3. ISTA is an international program that uses a standard universal language.
4. ISTA enables you to be proactive – to focus on prevention (BEFORE) rather than reparation (AFTER).
5. ISTA courses were developed by 40 experts spanning 3 continents and 9 countries in the areas of education, snow science, social sciences, research methods, rescue, communication, marketing and management, as well as IFMGA and AIARE mountain guides and ski school directors, all of whom share a common passion for the mountains.
6. ISTA allows you to progress through various levels with a standardized method that is adapted to every skill level.
7. ISTA helps you better understand your physical and mental state, as well as your natural environment, through the use of newly developed tools (HFSA).
8. All ISTA courses are supported by illustrated books featuring simple, clear, precise and playful descriptions. All course materials are available in 4 languages (EN, FR, DE, IT).
9. ISTA aims to foster knowledge sharing, exchange and the development of an international community. The ISTA community is an international network of professionals and amateurs who share a passion for winter sports, the mountains and powder.
10. All ISTA-certified participants benefit from the ISTA rewards program and its exclusive offers on travel, equipment and tourism services.