

Discovery

The DISCOVERY course is a one-day introduction to the ISTA program. It is intended to introduce participants to the fundamentals of backcountry risk prevention and provide them with an overview of the range of skills to be developed. The main goal of the course is to inspire participants to continue learning.

After the course, participants will be able to:

- follow the risk assessment process with the help of the course book
- follow the crisis management process with the help of the avalanche rescue procedure

The DISCOVERY course is delivered by ISTA-trained IFMGA mountain guides and certified ski instructors.